

Let`s spread together the seeds of volunteering!



Volunteers wanted in Cluj-Napoca Volunteer Center

Project description

Since its founding in 2004, Cluj-Napoca Volunteer Center (CNVC) followed its mission that is to develop volunteerism as a means of involving citizens in solving out the problems of the Cluj-Napoca community. Also, we focused on hosting international volunteers and sending Romanian volunteers to do volunteering stages in organizations throughout Europe. Find out more about us here <http://centruldevoluntariat.ro/?lang=en> and here <https://www.facebook.com/centruldevoluntariat/>

Having this experience we initiated the project `EVS Seeds` in order to support and encourage other public institutions and NGO`s in Cluj-Napoca to develop through working together with

international volunteers. In this project we host **8 volunteers** who have activities in 8 different organizations, which learn how to coordinate international volunteers through the programme European Volunteer Service. On the other hand, for the volunteers, we prepared an enriching context, by selecting 8 very different and active organizations in Cluj-Napoca`s community, where they can develop both personally and professionally on very varied levels.

Accommodation, food and transport arrangements

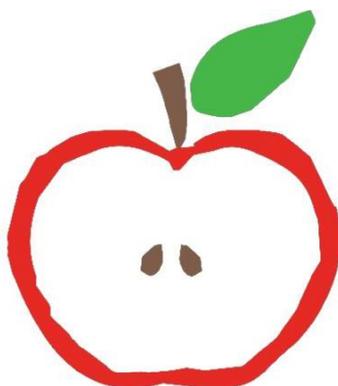
The accommodation will be arranged by CVCN, the hosting organization. Two volunteers will share a room in a rented flat, in Cluj-Napoca. All the expenses related to the accommodation will be covered through the project. Each volunteer will receive money for food and pocket money every month, according to the Erasmus+ standards. Also the local transport costs related to the volunteering activities will be covered.

Main activities of the volunteers

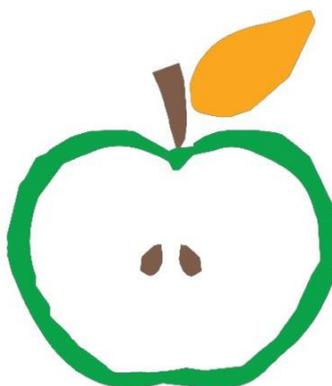
The first part of the stage is the induction period, which consists of introduction and activities which will help volunteers accommodate to the new working and cultural environment. Afterwards the 8 volunteers, grouped in teams of two, will work in 2 of the selected organizations and public institutions, in each, for 2 days a week. One day a week will be spent at the hosting organization, CVCN, where the volunteers will plan their activities, develop new ideas and evaluate their progress in the learning journey. The total number of volunteering hours/week will be between 30 and 35.

Here you find the description of the 2 types of volunteering stages that we offer:

Seeds of Vitality



Seeds of Kindness



A. Seeds of Vitality – 1st of May 2019 until 31st of August 2019 (4 months)

Main activities will take place in Transylvania College (<http://www.transylvania-college.ro/>) and Raluca Educational Center (CER) (<http://www.centrueducationalraluca.ro/>)

Summary of activities:

In Transylvania College:

- The volunteers will have the chance to work with different age groups and assist teachers at classes (teaching a foreign language, teaching in kindergarten, primary school or high school)
- They will also contribute to organizing events, help in the administrative office or at the reception etc.

In Raluca Educational Center (CER):

- The volunteers will facilitate activities in the day center for young people with Down syndrome, in order to help them socialize, learn new things and become more independent. The activities are: hand-made workshops, personal autonomy trainings and dance/ zumba/ fitness classes. An important task is to organize English classes adapted to the levels of the beneficiaries.
- They will also participate in the CER summer vacation, which will take place for 2 weeks in August at the Romanian seaside. There they will facilitate educational and leisure activities for the beneficiaries.

Volunteer`s profile:

- willingness to work with people with disabilities
- good communication skills
- dance or fitness class facilitating abilities or interest
- crafts and handmade skills
- above average English speaking skills
- responsibility
- open-mindedness

How to apply

Send us your CV and motivation letter at programecvcn@voluntariat.ro until **4th of April**, with the subject "Application for EVS Seeds". In the email please mention the name of the stage you apply for. For additional information please write to us on the same address. After the deadline we will organize Skype interviews with the candidates in order to get to know each other better before the final decision regarding the selection.

B. Seeds of Kindness – 1st of April 2019 until 31st of August 2019 (5 months)

Main activities will take place in Department of Social and Medical Assistance (DASM) (<http://dasmclujnapoca.ro/>) and Something New (<http://something-new.ro/>)

Summary of activities:

In Department of Social and Medical Assistance (DASM):

- The volunteers will facilitate after-school activities in *Țara Minunilor* day center. The beneficiaries of this center are children aged between 6 and 12 years old who live in underprivileged areas near Cluj-Napoca. Here the volunteers will do leisure and educational activities such as: English classes, support with homework, outdoor, sports or cultural-artistic activities and events, development of personal autonomy trainings, civic education exercises etc.

- Also the volunteers will have activities in the Socio-Medical Services Center, where the beneficiaries are children with physical or neurologic health issues. Here they will perform socio-educational animation and organize theater, art or music workshops for the beneficiaries.
- They will contribute in organizing events and information sessions on different subjects (education, health, parenting, etc.) for the beneficiaries` parents.

In Something New:

- The volunteers will facilitate activities for the beneficiaries, children aged between 6 and 15 years old, in the Something New day center. Here they will facilitate educational activities, such as helping with homework or teaching their native language or English. Also they will facilitate leisure activities such as handmade workshops, cooking classes, sports, etc.
- They will also contribute at planning, organizing and implementing public events for different occasions, such as the Charity Marathon etc. Once per week, the volunteers will do socio-educational animation with children from a village around Cluj-Napoca together with the staff from the organization.

Profile of the volunteer:

- willingness to work with underprivileged children and young people
- willingness to work with children with disabilities
- good communication skills
- any type of artistic abilities
- responsibility
- open-mindedness

How to apply

Send us your CV and motivation letter at programecvcn@voluntariat.ro until **25th of March**, with the subject "Application for EVS Seeds". In the email please mention the name of the stage you apply for. For additional information please write to us on the same address. After the deadline we will organize Skype interviews with the candidates in order to get to know each other better before the final decision regarding the selection.